Abstract of the Disclosure:

Disclosed is a health care system, comprising: a living body data input unit; a living body data display unit; and an advice display unit, wherein said living body data input unit enters the living body data, said living body data display unit displays the living body data, and said advice display unit displays an advice about health according to said living body data. Furthermore, said advice display unit displays the advice about health in such manner that a human animation character points to the advice within a balloon with a hand while moving a mouth and waving the hand.

5